



DEPARTMENT OF THE NAVY

COMMANDING OFFICER
NAVAL AIR STATION
700 AVENGER AVENUE
LEMOORE, CALIFORNIA 93248-5001

NASLEMINST 5356.1C CH-1
066

11 FEB 1998

NAS LEMOORE INSTRUCTION 5356.1C CHANGE TRANSMITTAL 1

From: Commanding Officer, Naval Air Station Lemoore

Subj: AFTERCARE PROGRAM

1. Purpose. To transmit change 1 to the basic instruction.

2. Action

a. Page 2, delete paragraph 4b(4) and renumber remaining sub-paragraphs.

b. Page 2, delete paragraph 4c(4).

c. Page 2, delete paragraph 4d.



L. D. CHILDRESS

Distribution: (NASLEMINST 5215.2V)
Lists B and E



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NAVAL AIR STATION
LEMOORE, CALIFORNIA 93246-5001

IN REPLY REFER TO:
NASLEMINST 5356.1C
066
30 Dec 92

NAS LEMOORE INSTRUCTION 5356.1C

From: Commanding Officer, Naval Air Station, Lemoore

Subj: AFTERCARE PROGRAM

Ref: (a) OPNAVINST 5350.4B

1. Purpose. To publish procedures and establish responsibility for operation of an aftercare program following the standards and procedures contained in reference (a).

2. Cancellation. NASLEMINST 5356.1B

3. Background. Personnel who successfully complete the formal Level II or III program shall remain in an aftercare status for the duration of their naval career (active or inactive duty). For the first year of recovery, the member will be in a formal command-sponsored Level I Aftercare program. The rehabilitation facility staff shall prepare a written aftercare plan during the terminal phase of the Level II or III program to aid in the client's continuing recovery following completion of the formal counseling/rehabilitation program. The plan shall be individually tailored to each client's needs, and may include, but is not limited to:

- a. Contact with the Command DAPA once a week.
- b. Participation in a formalized aftercare group at the Level II facility servicing the command (if available).
- c. Maintenance of an aftercare urinalysis testing program.
- d. Participation in 12 step recovery meetings as outlined in aftercare plan.
- e. Participation in mandatory physical readiness training program as set forth by the aftercare plan.

4. Responsibilities

a. Commanding Officer, Naval Air Station, Lemoore - to support the member's efforts in all treatment and aftercare programs.

b. NAS Lemoore Drug and Alcohol Program Advisor

(1) Will coordinate and monitor the command formal aftercare program. Maintain current records. Draft aftercare regimens, utilizing inputs from Level II or III programs.

(2) Perform weekly progress interviews and document 12 step meetings (AA/OA/NA) with personnel assigned in an aftercare status per reference (a).

(3) Schedule Quarterly Aftercare Progress Evaluation for all personnel in an aftercare status to meet with Commanding Officer or designated representative and the Command DAPA in accordance with reference (a).

(4) Oversee operation of Dry Barracks, Towers B, first deck.

(5) Provide residents of the Dry Barracks a clean, safe, and sober (alcohol-free) environment.

(6) Oversight responsibility for the daily and weekly inspections of assigned rooms and common areas.

(7) Will approve or disapprove all requests by personnel desiring to live in the dry barracks.

c. Members in an Aftercare Program

(1) Will not be involved in an alcohol or drug related incident while in an aftercare program.

(2) Will adhere to their aftercare regimen.

(3) Will remain abstinent from alcohol or substance abuse until completion of the formal aftercare.

(4) Residents of Towers B, first deck will maintain daily orderly cleaning standards and procedures.

d. Barracks Cleanliness (Towers B, first deck). Residents of Towers B, first deck will maintain daily orderly cleaning standards and procedures.



A. R. GORTHY

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